

Essential Numbers



General Assistance

24/7 help connecting with everyday needs (food, rent, utilities)



2-1-1

ACCESS

Shared-ride service for people with disabilities & 65+



412-562-5353

Allegheny Link

Assistance with housing, aging & disability resources



866-730-2368

PA Medicare Education & Decision Insight

Counseling for Medicare, Medicaid & long-term care



800-783-7067

Older Adult Protective Services

Reporting abuse or neglect of people 60+



412-350-6905

SeniorLine

Info on in-home care, transportation, senior centers & more



412-350-5460

Social Security Administration

Retirement, disability & Medicare benefits



866-770-2965

Emergency

Always dial 9-1-1 in an emergency



9-1-1