



NEWSLETTER

December 2023



Another year bridging generations and building community

What will make our region a better place to grow up and grow old? This question at the heart of our mission has inspired such wonderful work in 2023. Let's raise a mug of hot cocoa to these highlights:

- Nearly 600 residents from the [Age-Friendly Neighborhoods](#) of Clairton, Coraopolis and the Hill District took part in intergenerational community projects. Check out all their progress in [this new video!](#)
- Eight [Community Panel](#) members shared their perspective and expertise with 17 different organizations.
- Ten students—from Carlow, Carnegie Mellon, Penn State Greater Allegheny and Pitt—in our newly-launched [Age-Friendly Scholars](#) program began challenging ageism in their fields of study.
- Our network of 120+ partners led innovative work in transportation, housing, digital access, workforce and dementia via our five [Work Groups](#) and other partnerships.

Thank you, everybody, for helping us build a region where people of all ages and abilities can thrive. Happy holidays!



Age-Friendly Scholars and Community Panel commit to ending ageism

How do you respond to phrases like “OK, Boomer” or “Typical Gen-Z”? On December 8, our Age-Friendly Scholars and Community Panel met at AgeWell at the JCC to discuss strategies to promote age-inclusive language and actions. Stay tuned as profiles of these age-friendly advocates hit our website in the new year!

[SEE PHOTOS](#)



Pitt Healthy Home Lab pilots tech for aging in place

90% of Americans want to remain in their homes as they age. That's why the Healthy Home Lab at the University of Pittsburgh School of Health and Rehabilitation Sciences tests innovative tech that can make aging in place—and aging in community—possible. Check out this feature to learn more and hear from our very own Community Panelists Karen Miller and Andrea-Coleman Betts about their participation in the lab's Research Registry.

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In the News

Age-Friendly named to Innamorato's transition team

Our organization is helping ready County Executive-Elect Sara Innamorato to take office next month! Executive Director Laura Poskin is serving on the Housing for All committee, where she and [other local leaders](#) are advocating for equitable housing policies to improve the lives of residents of all ages.



ACCESS and Vintage regular spotlighted in *The Washington Post*

“As you get older, you can't just sit around,” George Smith (96) said. “You have to get up and go out and be around people that you know and do things.” Mr. Smith, who frequently takes [ACCESS Transportation](#) to the [Vintage Center for Active Adults](#) (two of our longtime partners), was featured in a story for *The Washington Post* about housing options for older adults across the country. Read the story for an intimate look at how older adults choose where to live.

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Upcoming Events

- Dec. 18-Dec. 21: [Festival of Trees at Clairton Municipal Building](#)
- Fri., Dec. 29, 5:30pm-9pm: [Cooperative Kwanzaa at Center for Family Excellence](#)
- Sat., Jan. 6, 12pm-2pm: [Home Buying Education Seminar at Clairton Public Library](#)
- Tues., Jan. 9, 3pm-4pm: [Dementia Friends Virtual Info Session](#)
- Wed., Jan. 17, 10am-12pm: [Affordable Connectivity Program Sign-Up Event at Clairton Public Library](#)
- Wed., Jan. 17, 5pm-7pm: [Open House at Terrace Place at Vincentian](#)
- Wed., Jan. 17, 7pm-8pm: [OLLI at Pitt Virtual Open House](#)

Do you have questions, comments or suggestions for the newsletter? Contact Dan at dan@agefriendlypgh.org!



We believe everyone has the right to live, work and move how they choose.

